**The Interplay Project** 

# Using Aboriginal research to inform policy and practice in Aboriginal health development

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#### **Hypotheses**

lives.

- 1. For Aboriginal people in remote Australia, strong attachment to culture, especially through involvement in land management enhances health and wellbeing.
- Health services are more effective in enhancing health and wellbeing when provided with awareness of broader aspects of Aboriginal people's





## **Closing the Gap**

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## Life Expectancy Gap

Figure 22: Overall mortality rates by Indigenous status: NSW, Qld, WA, SA and the NT combined 1998 to 2031 (age standardised)





Prime Minister's Closing the Gap Report 2017

### Aboriginal health

- "Not just the physical well-being of the individual but the social, emotional, and cultural well-being of the whole Community in which each individual is able to achieve their full potential as a human being, thereby bringing about the total wellbeing of the community.
- It is a whole of life view and it also includes the cyclical concept of life-death-life."



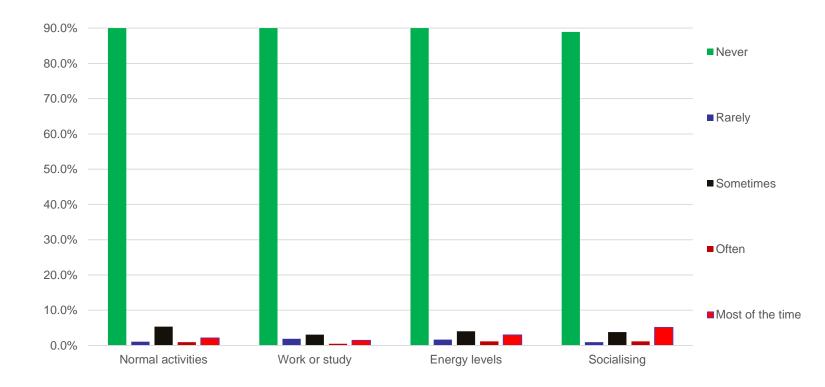
#### Interplay project: Wellbeing Framework





#### Health vs headlines: Interplay Wellbeing Survey

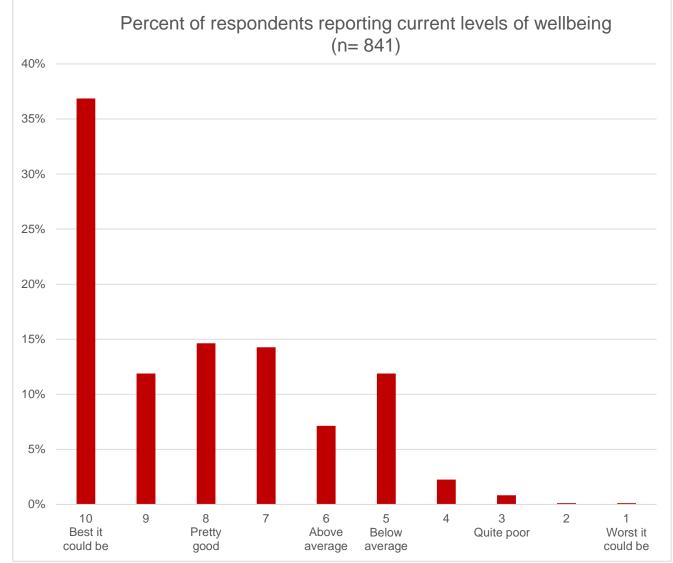
Percent of respondents (n=841) who reported that health problems interfered with different activities in the last few weeks





Interplay Wellbeing survey, Wave 1, July 2014 to May 2015

### Health vs headlines: Interplay Wellbeing Survey



Interplay Wellbeing survey, Wave 1, July 2014 to May 2015

1.5



Health related determinants of wellbeing from Interplay Wellbeing survey



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### Primary health care: WHO Alma-Ata Declaration 1978

- Essential health care, based on practical, scientifically sound, socially acceptable methods and technology, made available in the community
- Provides for basic needs beyond clinical health services
- Addresses community's economic, socio-cultural and political needs
- Promotes individual, community self-reliance and self-determination
- Makes use of available local and national resources

























