# Indigenising Research in Health & Wellbeing: fit for community, fit for purpose.

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Mr Chris Pitt, Program Manager, SPHERE, UNSW/WSU Acknowledging: Ms Kyar Wilkey, Ms Kayla Sale, & Ms Sally Fitzpatrick

## The Sydney Partnership for Health, Education, Research and Enterprise (SPHERE)

Maridulu Budyari Gumal

'Working together to promote good health and wellbeing'

#### Who we are.....

- We (the partnership) service a population of more than 2 million people & growing
- We employ more than 50,000 people
- We generate >\$5 billion total revenue across SPHERE Members
- We cared for >25% of the admissions to NSW hospitals in 2016
- Partners administer >\$100 million NHMRC funding
- Clinical Academic Groups including dedicated Aboriginal Health and Wellbeing CAG (aka Stream)

#### **Maridulu Budyari Gumal**

#### The Sydney Partnership for Health, Education, Research & Enterprise (SPHERE)

#### **Partners**





























#### **Aboriginal Health and Wellbeing CAG**

- Co-Chair: Aunty Kerrie Doyle and Prof. Annemarie Hennessy
- Leads a research team that includes membership across UNSW, UTS and WSU.
- Our commitment is to be a leading place for Aboriginal and Torres Strait Islander people, their communities, their knowledge and their perspectives in progressing long lasting health and wellbeing achievements in health research, research translation, education, practice, and service delivery.
- Our objective is to translate successful holistic and integrated models of health care attuned to, and/or determined by, Aboriginal and Torres Strait Islander perspectives, needs and experiences into health research, health policy, health service delivery, and health professional education and training.

## Aboriginal Health and Wellbeing CAG's Current Priorities

#### Engagement

Focus of work: connection, collaboration & co-creation in Aboriginal health research partnerships

#### **Evaluation & Methodology**

Focus of work: connection, collaboration & co-creation in Aboriginal health research partnerships

#### **Education & Workforce**

**Focus of work:** continuous quality improvement of learning and teaching in Aboriginal and Torres Strait Islander Health and Wellbeing among SPHERE member universities & building the cultural capacity of SPHERE partners

#### Population Health 'Justice Health'

**Focus of work:** leveraging existing prisoner and justice health research and health care expertise into further research, education, practice & health translation

## **Aboriginal Health and Wellbeing CAG Capacity Developing Activities**

- All Funded positions within CAG are 'identified'.
- Established Cooperation across 3 universities to promote Aboriginal Career pathways.
- Negotiating for SPHERE Translational Research Fellowships to be made available within ACCHO's (on-going)
- Developing Aboriginal Research Leadership within the Management of CAGs.
- Promoting strategies developed by AHRA Aboriginal Health Initiative to enable Aboriginal Researcher Placement across Institutional partners.

## **Aboriginal Health and Wellbeing CAG Strengths:**

- Western Sydney has a high population of Aboriginal and Torres Strait Islander families and strong opportunities for Indigenous researcher capacity building and career pathways support from the work already accomplished in these areas.
- Research expertise and projects were identified in diverse fields, and primarily in the following fields:
- Social and emotional well being
- > Child health and development
- ➤ Epidemiology
- > Social determinants of health
- ➤ Health systems effectiveness
- ➤ Health policy
- > Evaluation
- ➤ Adolescent and youth health
- > Sexual Health



## Aboriginal Health and Wellbeing CAG Strengths:

- Distributed project leadership across institutional partners
- Adapting the Lowitja model of in-kind contributions
- Extending successful research-education-healthcare translation work already underway by Aboriginal and Torres Strait Islander people and partners;
- Identifying the research-education-workforce-service translation gaps to progress key priority areas; and identifying strategies to leverage our work for future funding and influence
- Aboriginal and Torres Strait Islander youth justice and health team
- Strengthening Aboriginal and Torres Strait Islander and non-Aboriginal researcher capacity



## **Applied Cultural Competency** workshops for researchers:

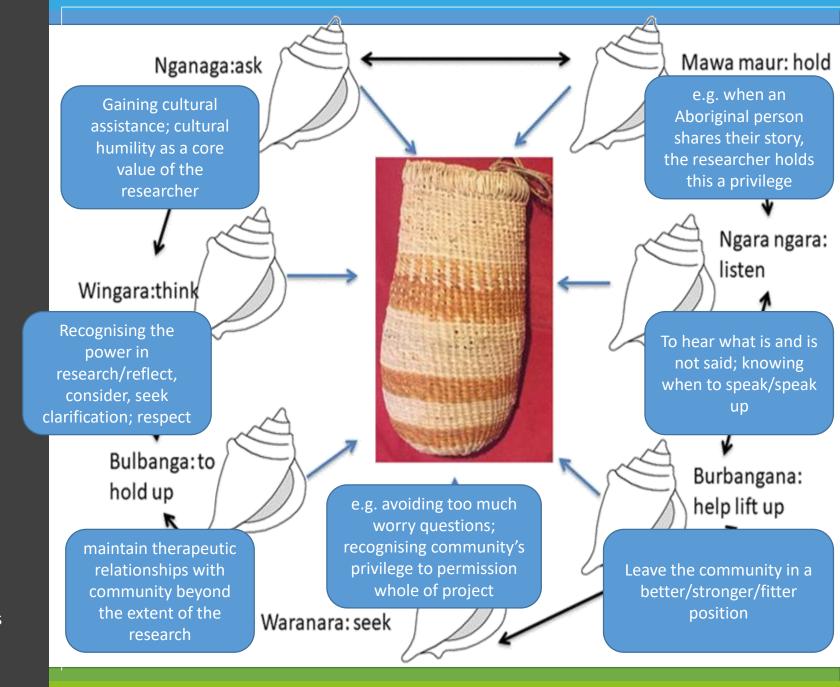
2 hour workshops

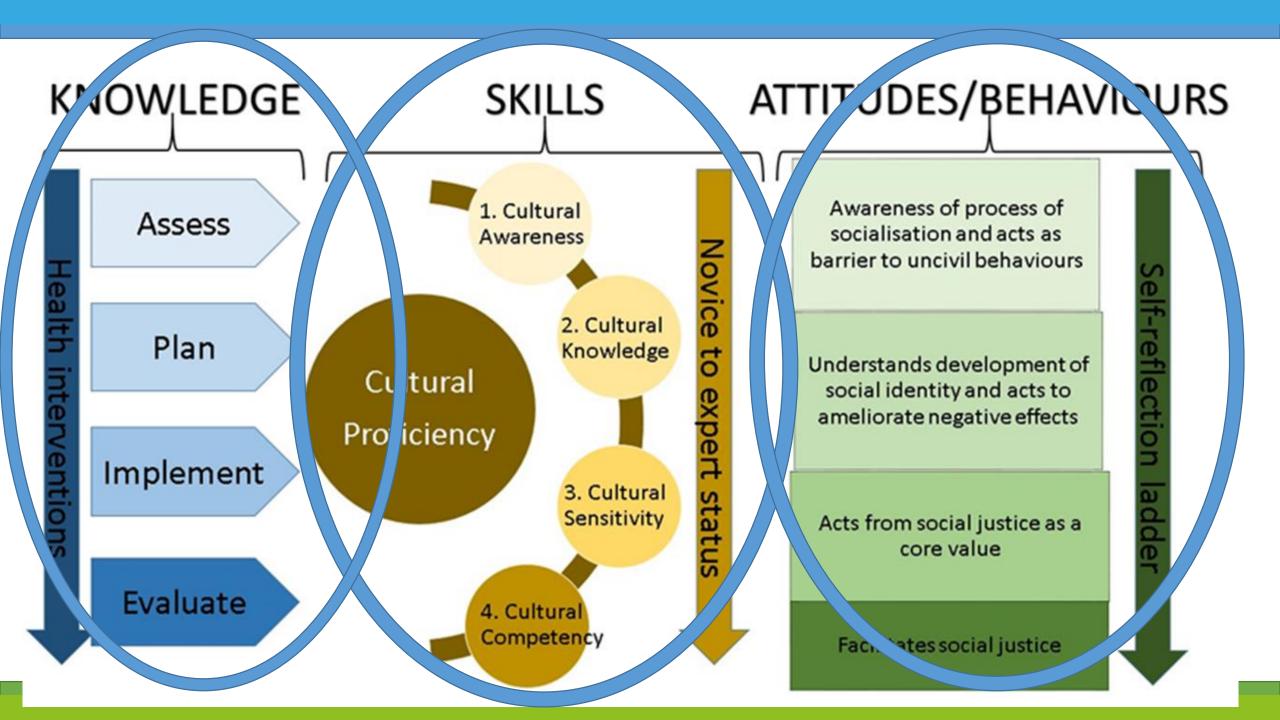
Delivered across SPHERE partner organisations

(Liverpool, Parramatta, Campbelltown, Sydney)

### Aunty Kerrie: Yerin Dilly Bag (2018)

- 1. Mawa Maur
  - Hold the shared information as sacred
- 2. Waranara
  - Actively look for a path
- Ngara ngara
  - Listening in the silences
- 4. Nganaga
  - Cultural humility
- 5. Wingara
  - Understanding of power relationships
- 6. Burbangana
  - Sharing resources to strengthen the community
- 7. Bulbanga
  - On-going responsibly to the communities of research





# Maridulu Budyari Gumal 'Working together to promote good health and wellbeing' The video!

#### T H A N K Y O U