Treatment

Treatment can be carried out by the family doctor. The medicine can usually be taken at home. Several treatments may be necessary if a person is heavily infected.

Prevention

In addition to the treatment of those who are infected, preventive measures are of great importance—these aim specially at preventing the entrance of hookworm larvae and round worm eggs into the body.

In particular, closets need careful attention. All closets should be so constructed that they can be easily cleaned. The walls should be smooth internally, and the floors should be of cement concrete, brick grouted with cement mortar or other impervious material, laid with a slight fall towards the doorway. The closet structure should be well ventilated and well lighted.

The closet seat should be constructed so as to render the pans flyproof. A movable box seat fitting over the pan, ventilated by small openings on two sides near the top, is recommended. These openings should be covered with perforated zinc or other suitable flyproof material. The box should be constructed so that it can be lifted off when the pan requires emptying. A lid to exclude flies should always be provided. The underside of the seat should be not more than 1 inch above the top of the pan. Pans should be of stout iron, 14 inches high, and cylindrical in shape. Pans should be emptied once a week, and the contents buried not less than 12 inches nor more than 2 feet deep, with a covering of clean earth not less than 10 inches in thickness. The burial area should be fenced to prevent children gaining access to it. After being emptied, pans should be rinsed with disinfectant solution, a supply of which should be kept in the closet.

Chemical Closets are of value in destroying infection by means of the chemical substance in the receptacle.

Cesspits should not be used where a public night-soil removal service is available. Where cesspits are used, they should be deep and dark, and covered with a flyproof structure for the seat. The surface of the adjoining ground should be graded so that stormwater cannot gain access to the pit. Care should be taken that no leakage or overflow from pits gain access to any water supply.

Remember that the soil should never be polluted by bowel discharges deposited or spilt on the surface of the ground. In cases where persons are employed for short periods in any locality, adequate closet accommodation should be provided. Temporary arrangements can be made by providing a suitable pan and a movable box seat. Children should be carefully trained not to pollute the surface of the ground, and they should not be allowed to go barefoot in districts which are affected by hookworm. Hands should be washed before eating.

To Parents

Have your children examined early for signs of worm disease and, if they are found to be infected, have them cured, so that they will grow to full intelligence, strength and stature.

TAKE THAT OPPORTUNITY

Advice from Kinchela Boy

Many of our young readers might find it advantageous to take notice of a word of advice from ex-Kinchela boy, Henry McGrady.

Henry, who is a seaman on board the B.H.P. coastal freighter "Iron Knight", in a letter to Dawn, said—

"I can truly thank the Aborigines Welfare Board, and all the staff of Kinchela Boys' Home for the very good training they gave me, and for the job I have at the present time.

"If I had been a fool, like so many other young fellows, and not taken the advice given me, things would have been very much different to-day.

"I am a seaman on the 'S.S. Iron Knight', and I like the job very much.

"I also owe a lot of thanks to the Seamen's Union of Australia, and the Union members for the opportunities and help they have given me.

"I started as a deck boy, now I am an ordinary seaman, and in two years time I hope to be an able seaman.

"I am determined to stick to this job and I think this might serve as an example to other young aborigines and encourage them to become seamen instead — being left behind roaming the streets as I have seen so many.

"I would say to my young friends, 'If you get an opportunity like this, stick to it!'”

An excellent piece of advice from Henry McGrady!

BLUE-BLOOD ARAB MARE

By J. Davison

I have a lovely Arab mare,
I ride her every day,
She is as gentle as can be
In every kind of way.

Sharima is her charming name,
She means so much to me,
I really love her, yes I do,
And I know that she loves me.

When it's time to saddle her,
She neighs as though to say,
"Come on and hurry up, get on!
We have no time to stay".

I mount her broad and shining back
With grace as free as air,
She really is a wondrous horse—
My Blue-blood Arab Mare.