The inside of the metal top of a salt shaker can be kept rust-free by painting inside with nail polish.

Jelly will set quickly if you dissolve the crystals in hot water and make up the required quantity with ice cubes.

To stop squeaks in floor boards, try working a little moist soap into cracks between the boards.

Clothes can be dampened more evenly and more quickly with luke-warm water rather than cold.

When hammering nails into wood, you will reduce the risk of the wood cracking if you first push the points of the nails into a bar of soap.

When cooking marmalade, leave the lid off the pan to allow water to evaporate.

When cooking vegetables, leave the lid on the saucepan to speed up cooking and prevent loss of vitamin C content as far as possible.

When stewing fruit, do not add the sugar until the last ten minutes of cooking.

Fresh cream used as filling for cakes will not run down the sides if a teaspoonful of gelatine is dissolved in a little warm water, mixed with the cream and allowed to set for about an hour.

Cover with clear plastic, school books, and books in the house which are frequently used (such as your cookery book). It is easily stuck down with sticky tape, and allows the title to be read and keeps the cover clean.

This sophisticated young lady is Melvie Simon, of West Maitland.

Country People

Nearly every month now, a dance is organized by the aboriginal people at Gulargambone, and several successful functions have been held at the Aboriginal School. The proceeds of the dances have been devoted to such projects as the provision of extra equipment for the School, and raising funds for the Christmas party.

Robert Hubbard (known to his friends as "Blind Bob") recently flew from Bourke to Brewarrina, and is now living at the Brewarrina Aboriginal Station. Bob, who is almost totally blind, is looked after by his friends on the Station.