



The leather-pusher on the left is Steve Cochran, of Burnt Bridge, facing a smiling town boy who grins widely at Mr. Hudson's advice to "keep your guard up"

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Boot hockey is all the rage in the girls' gymnasium. The Burnt Bridge Girl on the left is little Helen Lang who seems to be enjoying every minute of the game Dear Kids,

The National Fitness gymnasium at Kempsey is a popular place these days—as you may guess from the happy smiles of the children from Burnt Bridge in our pictures on this page.

At the start of the year 14 to 16 boys, ranging in age from 10 to 15 years started gym work at the National Fitness school where the chief instructor is Mr. Lloyd Hudson.

The classes proved so popular that it was decided to do something for the girls.

National Fitness organisers were approached and as a result the Matron, Mrs. Henricksen, now takes 16 to 18 girls into the girls' gymnasium every Tuesday night.

Even though the girls are in the early stages of gym work it is easy to see they have a natural aptitude.

It is good to see the boys and girls nicely turned out, mixing freely and having a happy time.

Your Sincere Pal,

OUR BACK COVER

After the Ball

Harriet Ellis, escorted by Flying-Officer Bob Nicholson, turns on the steps of The Trocadero on the way to her car. Next day F/O Nicholson flew to Bangkok to join his squadron on overseas duty.

