HELP YOURSELF

A Saucy Hint

Pounding a tomato sauce bottle to remove obstinate contents is both dangerous and unnecessary. Next time merely tap the neck of the bottle gently with the forefinger and watch the sauce flow out smoothly.

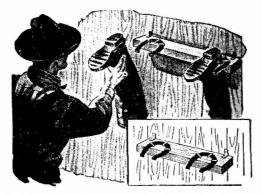
A Novel Weather Forecaster

Because the cones from pine trees tend to open when the air is dry, and close when the air is damp, knowledge of this fact can be utilized in making this weather forecaster. The body of the animal is a pine cone; the head is cardboard and the legs are short lengths of wire resting on a cardboard base. During periods of high humidity when rain is more likely, the cones will be closed, but when the humidity is low and the weather probably will be fair, the cones will be open.

To Make Drawers Glide Easily

Drawers will glide noiselessly and easily if thumbtacks are pressed into the runners on which the drawers slide. A thumb-tack that has a rounded head and an enamelled finish is better than a flat-head tack.

Old Horseshoes Used as Boot Racks



To hold rubber boots unside down for drying them out, one farmer nailed a pair of horseshoes to a 2 by 4-in. wood block and hinged this to a convenient wall. The open ends of the shoes extend outward so the ankles of the boots will slip between them. When not in use, the rack is swung up out of the way.

To Clean Those Shoes

To keep suede shoes and accessoric: looking like new, it is best to clean them frequently. Before putting the items away after wearing them, go over the suede with a cloth moistened in vinegar. Then rub with a stiff brush or sponge.

Influenza

Doctors still claim there is no definite cure for that common ailment—influenza—but one doctor assures us it can be prevented by the simple precaution of taking two drops of oil of cinnamon on sugar daily.

Cough Cure

In the winter months nearly all of us develop that inevitable cough. To make a simple cure take I teaspoon of olive oil, 2 teaspoons of honey and the juice of I lemon. Mix, and add a stiffly beaten white of egg. Take I teaspoonful whenever the cough comes on.

Keeping Flowers Fresh

A teaspoon of sugar added to the water in which cut flowers are placed will keep them very much longer, as the sugar is an "energy" feeder to them, as it is to anything else.

Sugar is also splendid for freshening lettuce before making a salad, by placing some in the water in which the lettuce is soaking.

Egg Shells for Washing

Save all your eggshells from uncooked eggs and place in a bag. Use in the copper when you are boiling the clothes and it will help to whiten the washing.



Little Esther Williams, of Guyra