# HELP YOURSELF

## Night Feeding

Place the milk for baby's bottle in a vacuum flask at slightly above the required heat before going to bed. When baby wakes for his night feed, no preparation is necessary.

# **Nappies**

To make baby's nappies sweet-smelling, keep an empty perfume bottle or a cake of scented soap in the cupboard with them.

# **Buttoned Aprons**

Instead of the usual apron strings children find hard to manage, make a band to fit across the back and on one end of it attach a loop of elastic. On the other end put a large button. A child can easily manage to loop the elastic over the button.

#### Amusement

To amuse young children, make modelling dough as follows: 2 cups plain flour, 1 cup common salt, mixed with enough cold water to mould without becoming sticky. Divide in three sections. Colour one red, one green and leave the other plain.

#### Bluer Hydrangeas

Save all discarded steel-wool from the kitchen, to dig in around the base of blue hydrangea plants; it soon rusts away and deepens the blue of the flowers greatly.

# **Unwanted Tree**

To kill an unwanted tree in a few days, bore a  $\frac{1}{2}$ -inch about 4 inches into the trunk, fill the hole with carbide and plug it. The sap causes the carbide to burn, killing the tree right to the roots.

## Geranium Plants

Given a weekly soaking with cold tea, these plants will thrive.

#### **Burnt Preserving Pan**

Preserving pan burnt during jam making? Don't wear out yourself and the pan by vigorous scouring. Just wash the pan free of jam and place it bottom up in the sun. After a few hours of hot sun, the black patch will break up and peel off.

## Middy Tops

If daughter's blouses are too short, cut them off to midriff length and finish off the bottom with bobble or fringed binding. You'll make a popular top for shorts and sun clothes.

# **Darning Socks**

The soup ladle is invaluable when darning socks. Place the sock over the ladle and rest the long handle against you, thus keeping the work steady.

#### Machine Oil

Keep sewing-machine oil in a nail-polish bottle. It is less likely to spill. The little brush in the lid proves invaluable for reaching awkward spots in the machinery and the whole job is done quickly and cleanly.

## **Money Pocket**

To make a safe key or money pocket in a pair of trousers, either remove the old pocket completely or just the bottom half and replace it with chamois leather. This will take the weight of coins, and will not rub through.

## **Keeping Dahlias**

Dahlias will not keep in water unless the stems are first scalded or burnt in a flame. Cut the ends level and stand them in a container. Pour in boiling water to a depth of I inch. When it is cool remove the flowers to water-filled vases. During the first day they will absorb a great deal of water and the vases will need refilling about every 24 hours. After that they will require little attention.

#### Milk Substitute

When making large or small cakes, try using water instead of milk. Your cakes will be moister, keep fresh longer, taste just as good, and the mixture will not curdle in the making.

#### **Button Care**

Transparent nail varnish dabbed on the centre of buttons, seals the thread. Buttons will stay on much longer.



Philip Smith, of Roseby Park, busy basket making